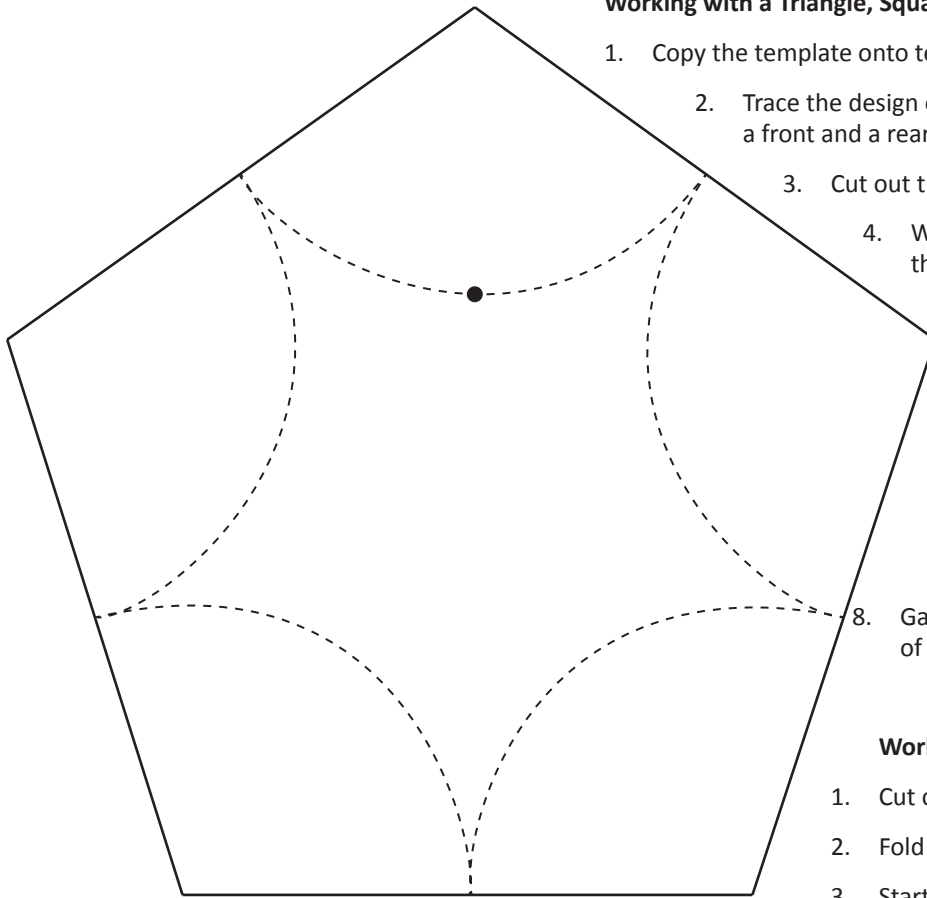


## 3-D Flowers: Starting with a Geometric Shape

### Working with a Triangle, Square, or Pentagon



1. Copy the template onto template plastic or cardboard.
2. Trace the design onto the wrong side of your fabrics. You will have a front and a rear fabric for the flower.
3. Cut out the design, adding  $\frac{1}{4}$ " for the seam allowance.
4. With right sides of the fabric together, sew around the outside edge, leaving a one-inch opening.
5. Turn fabric inside-out, so the right side of the fabric is seen; then press.
6. Trace corner "arches" (from the template) onto the back side of the flower.
7. Sew, using basting stitches, starting at the dot and continuing around all of the arches, ending where you began. Use upholstery thread or dental floss.
8. Gather up the stitches tightly, and knot the two ends of the thread/floss, and the flower is complete!

### Working with Five Circles

1. Cut out five circles (3-inch circles are good).
2. Fold each in half, with the right sides showing.
3. Starting with knotted thread, Baste along the curved edge of each semi-circle, sewing the two halves together. Start your stitching on the back side of the fabric, and also end your stitches on the rear.
4. Gather up the stitches. You have made your first petal.
5. Continue with the remaining four circles, gathering up your stitches after each semi-circle is sewn.
6. After you have completed all five petals, sew the first and last petal together, through the back side, capturing one or two pleats, and knot.
7. Add a button or circle for the flower's center.

