

## Poppies Supply List Michele O'Neil Kincaid

16-20 shades (lights and darks) in the flower color(s) of your choice.  
(Red, orange, blue, coral etc.) 10" x 10" scraps are fine

1 nearly solid black for flower center and stem 8" x 8"

5-7 pieces about 8" x 28" of black and white prints for background

22" x 28" backing fabric

22" x 28" cotton batting

Matching (fine) threads for appliqué or 'invisible' thread (nylon)

Neutral thread for piecing (black or white)

Rayon threads for machine quilting in matching colors

Beads for center of flower

Optional piece of silk ribbon to add dimension (2" x 12" approx.)

Rotary cutter and mat

Pins and basic sewing supplies

A turning tool (if you have one)

Sewing machine you get along with, with adjustable zigzag and free motion capabilities

Iron and board

Hand towel

Spray starch

A sense of humor